

MONTHLY SORTIE GOALS	
961st Airborne Air Control Squadron	39.8
Monthly flying-hour contract	22.4
Hours flown	-17.4
Monthly offset	
33rd Rescue Squadron	79.0
Monthly flying-hour contract	73.5
Hours flown	-5.5
Monthly offset	
909th Air Refueling Squadron	156.0
Monthly flying-hour contract	141.2
Hours flown	-14.8
Monthly offset	
44th Fighter Squadron	293.0
Monthly sortie contract	263.0
Sorties flown	-30.0
Monthly offset	
67th Fighter Squadron	127.0
Monthly sortie contract	130.0
Sorties flown	3.0
Monthly offset	

Source: 18th MOS/MXOOP, as of March 15

THE

SHOGUN

Vol. 19, No. 10

Kadena Air Base, Japan

Friday, March 18, 2005

WEEKEND WEATHER

TODAY: Partly Cloudy  
N winds @ 10-15 knots  
High: 66 Low: 61

SATURDAY: Partly Cloudy  
N to NE winds @ 10 knots  
High: 64 Low: 55

SUNDAY: Mostly Cloudy  
E to NE winds @ 10 knots  
High: 68 Low: 57

FRIDAY MORNING'S  
COMMUNITYBANK  
EXCHANGERATES  
BUYING: \$1=¥102 SELLING: ¥107=\$1

# Team Kadena 'doubles down' in Vegas

## 67 FS, 909 ARS, 18 AMXS, 718 AMXS complete Red Flag

By Maj. Veronica Kemeny  
18th Wing Public Affairs

The skies near Las Vegas, Nevada were filled with Shogun warriors from Feb. 28 to Mar. 11, as the 67th Fighter Squadron and 909th Air Refueling Squadron engaged in mock war to hone their fighting skills at Red Flag.

Both Kadena squadrons deployed to the combat training at Nellis Air Force Base, just north of Las Vegas, beginning Feb. 21 and returned home this week.

Brig. Gen. Jan-Marc Jouas, 18th Wing commander, thanked all those at Kadena who ensured the success of the deployment.

"It takes a team effort to get our aircraft and people to the fight," said the general, "and the Red Flag generation was one of the best I've ever seen. It was like clockwork—very well orchestrated."

For two weeks, Kadena Airmen joined other U.S. Air Force units from around the world to face off against simulated, but intense, air and ground threats. Participating aircraft included F-16 Fighting Falcons from Italy and Misawa Air Base, Japan, F-15 Eagles from England, RC-135 Rivet Joints from Nebraska, B-1 Lancers from Texas, and B-2 Spirits from Missouri, to name a few.



Airman 1st Class Ryan Allen, from the 18th Aircraft Maintenance Squadron, makes contact with Capt. August Pfluger, from the 67th Fighter Squadron, after a successful sortie at Nellis Air Force Base, Nev. March 4. More than 215 Kadena Airmen deployed to Nellis AFB to improve their combat skills during the Red Flag exercise.

See FLAG, Page 5

### Kadena youth deploy



Courtesy photo  
Paige Phillips, daughter of Staff Sgt. Brian Phillips, 353rd Special Operations Group, tries out a rugged terrain vehicle at Hangar 2 during Operation Kids Understanding Deployment Operations Saturday. More than 220 Kadena youth and 90 parents participated in the event sponsored by the Family Support Center and base units. See page 6-7 for photos and story.

## 5th AF releases Outstanding Airmen of the Year winners

YOKOTA AIR BASE, Japan – Two Kadena members were named Fifth Air Force's Outstanding Airmen of the Year last week at Yokota Air Base during its annual awards program.

Tech. Sgt. Michael Harris, 18th Logistics Readiness Squadron delivery element NCO-in-charge, and Tetsuro Hayashi, an 18th Civil Engineer Squadron fire station crew chief, were named the Fifth Air Force's Outstanding Airmen of the Year in the NCO and civilian (category one) categories.

"They could not have picked a better representative for the Air Force and the [vehicle operations/dispatcher] career field," said Master Sgt. Martin Simon, 18th LRS vehicle operations supervisor. "Sergeant Harris was a convoy commander in Iraq and, because of his actions, is probably one of the reasons our career field has been in the spotlight lately."

Master Sgt. Arthur Harkum, 18th CES fire department assistant chief of operations, also applauded his troop, Hayashi, for

stepping up while most of the unit deployed last year.

"Hayashi took over the station captain duties typically reserved for a technical sergeant, and did an outstanding job."

Commanders, first sergeants and supervisors from Misawa, Kadena and Yokota joined keynote speaker Lt. Gen. Bruce Wright, Fifth Air Force commander, in honoring the seven individuals who, out of 27 nominees, were named Fifth Air Force Outstanding Airmen of the Year for 2004.

Compiled from staff reports





# Readiness and Wingmen

By Brig. Gen.  
Jan-Marc Jouas  
18th Wing commander

A few weeks ago I discussed what lay ahead for us this year, and the importance of our upcoming Air Expeditionary Force rotation and ensuring that our Airmen and families were ready for this deployment. That focus is tied directly to our goals in the 18th Wing for 2005 – to **Be Ready when Our Nation Calls**, and to **Take Care of our Wingmen**. With our Core Values of Integrity, Service, and Excellence serving as our guide, everything that we do as Airmen, every day, should revolve around the fundamental principles of mission and people – the basis of our goals.

As a forward based wing and major contributor to expeditionary forces, readiness is at the heart of our mission. We must be prepared for any contingency, wherever and whenever it



***"Our efforts during exercises and deployments must ensure that our warriors are the best trained, equipped, and led force possible. We will practice each quarter to keep that edge sharp, to make sure that our team is ready for any threat, any time, any place."***

may arise – our leaders and our Nation expect no less. Making sure that we don't let them down is not an easy task, but it is our most important responsibility. Our efforts during exercises and deployments must ensure that our warriors are the best trained, equipped, and led force possible. We will practice each quarter to keep that edge sharp, to make sure that our team is ready for any threat, any time, any place. Just as importantly, our day-to-day operations should always be focused on our goal, and every training opportunity should be treated as though

it was our last chance to practice before going into combat.

"Taking care of our Wingmen" goes hand-in-hand with readiness, because our people make the mission happen – they are our most important and precious asset. But taking care of our wingmen doesn't just apply to Airmen or our co-workers; it also applies to our families, our friends, and our Kadena Teammates. There are countless ways to achieve this goal, but each begins with a commitment to others – in our workplace, at home, and in our community. The commitment is that

you will be there for them – to help, to guide, to lead, to make sure they don't hurt themselves or others. It includes respect...recognizing and rewarding people...ensuring

they are treated fairly. It also means speaking up when you see someone who needs help when they're down...and not letting a Wingman drink and drive, or not follow T.O.'s. It means volunteering to help the families of our deployed...and spending more time with our own families. It means building a culture where every day is wingman day – not just one day a year.

*Readiness and Wingmen* – are the focus of our goals for 2005. Working together we can and will achieve these goals, and prove again that no one comes close to Team Kadena!

## Whose Air Force is it?

### Crossing the threshold of 'being in the Air Force' to 'being the Air Force'

Lt. Col. Thomas Noon  
18th Munitions Squadron commander

How do you view your role in the Air Force? Have you ever heard someone say, "He's not just in the Air Force, he is the Air Force?" Certainly when a young troop looks at a chief or a general it's easy enough to say that they are *the* Air Force.

What about you? At what point can you say to yourself, "I am the Air Force." When do you make this transition? Over the years, I've seen many Airmen cross this threshold (most without realizing it) and it usually begins to occur when they first fully embrace their role as a leader.

Here's one quick way to realize if you've "made the transition." Ask yourself, "How do your troops view you?" Many young supervisors don't realize how influential they really are with their troops. When you brief your troops at a roll call – in their eyes – you are the Air Force.

So what's the point? Why is this a sig-

nificant distinction to make? When you can say to yourself, "I am the Air Force," then you've taken personal ownership of the finest Air Force the world has ever known. You've become committed to ensuring your people will always meet their mission to the best of their ability. You have become the type of leader who sets personal interests aside and focuses on the success of your people. It's selflessness – and one of the leadership traits I've consistently seen in senior leaders that I admire. Reverend Dr. Martin Luther King, Jr. spoke about this when he said, "Life's most persistent and urgent question is: What are you doing for others?" Good leaders "serve" their troops and want the best for their people, typically with no thought of themselves. This trait derives from their sense of ownership and commitment, and it resides at the heart of our Air Force core values.

At the heart of this is something very important, and it's what separates us from our civilian counterparts. The Air Force is not just a job, not just an occupa-

tion – it is who we are. We exist to fight and win wars as we sustain lethal arms that we bring to bear in times of conflict. It's a huge responsibility that takes people willing to make a special commitment to their nation. We hold ourselves to a higher standard, as we must because we're entrusted with the security of our nation. How can you do this if you don't have a strong sense of ownership of our great Air Force?

The most critical element of a strong leader is their sense of ownership. They perform their duties with a passionate sense of commitment that is visible to everyone. They've completely personalized their duties. What are some of the characteristics of someone who has taken ownership? Commitment, dedication, loyalty and duty. When you make a commitment to the Air Force, you invest your attention and energy more profoundly because now it's who you are. And you'll experience this profound change when you realize that you are not just in the Air Force, you are the Air Force.



A Kadena technical sergeant from Detachment 3, Air Force Institute of Occupational Health, was convicted of driving while intoxicated with a breath-alcohol content of .174 percent. He was demoted to staff sergeant and given a reprimand.

## ACTION LINES

E-mail: [18wvg.cchotline@kadena.af.mil](mailto:18wvg.cchotline@kadena.af.mil)

The 18th Wing is very interested in ideas that can make Kadena an even better place to live, work and play. If you have a concern that you have been unable to resolve through normal chains of command, then we'll look into it. Although not required, it's better to give commanders, first sergeants or the agencies with which you have the concern the opportunity to correct the situation first. When that fails, send us an e-mail. Include your name and telephone number so someone can get back to you, and a brief summary of your concern.



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## SHOGUN WARRIOR OF THE WEEK



Staff Sgt. Carolina Ventura

18th Medical Services Squadron accounts officer

Hometown: Coram, N.Y.

Reason for nomination: Sergeant Ventura possesses outstanding fiscal expertise. Her efforts led to \$80,000 in third-party reimbursements in 2005, offsetting operational funding shortfalls.

Time at Kadena: 1 year, 2 months

Editor's note : *Shogun Warriors* are selected by unit leaders for their outstanding value to their unit and dedication to the Kadena mission. To nominate someone, send the name of your nominee to your unit commander or senior enlisted leaders.

**DON'T DRINK AND DRIVE:** Did you know -- Even with a blood alcohol content as low as .02 percent [one drink], alcohol affects driving ability and crash likelihood. Plan ahead or call Airmen Against Drunk Driving at **634-2233**.

**24-HOUR HELP LINE:** The Joint Services Help Line is available for people who need to talk to someone about stress, depression, abuse, parenting, or other issues. Call the help line at **634-HELP(4357)** or **938-0992** from off-base telephones. The abuse line is **634-3123** and teens can call **634-CARE(2273)**.

**ENERGYCONSERVATION TIP:** Outside lights on during the day cost Kadena over \$100,000 yearly. Facility managers should check building lights and have photocells serviced if needed. Housing occupants should make sure outside lights are turned off during the day.

**TOYOTA HILUX SURF RECALL:** Toyota has initiated a recall of certain models of Toyota Hilux Surf vehicles from years 1988 to 1996 for a defective relay rod in the steering system. There are over 1,300 SOFA registered vehicles affected. Call the Joint Services Vehicle Registration Office at **645-7481/3963** or e-mail [jsvro@mcbbutler.usmc.mil](mailto:jsvro@mcbbutler.usmc.mil) to find out if your vehicle is affected.

**LEGAL HOURS CHANGE:** The legal office will be open for walk-in legal assistance from 9 to 10 a.m. Mondays, Wednesdays and Thursdays, and from 1 to 2 p.m. on Tuesdays. For walk-in power of attor-

ney or notaries assistance, the office will be open from 10 a.m. to 3 p.m. Monday through Friday.

**KDHS GRADUATION SALE:** The Kadena High School class of 2005 will hold a Persian carpets, beautiful jewelry, and Chinese antique furniture sale **Saturday** from 9 a.m. to 6 p.m. and **Sunday** from noon to 4 p.m. at the KDHS cafeteria. All proceeds benefit the graduating class.

**KESC MEETING:** The Kadena Enlisted Spouses Club will hold a membership meeting **Monday** at 6:30 p.m. in the Rocker NCO Club. KESC will be accepting nominations for the annual elections.

**LITTLE SHOP OF HORRORS:** The Pacific Okinawa Players present a show for the whole family **March 24-26**, **31**, and **April 1-2** at 7:30 p.m. at the Foster Community Center. Call **632-3385** for more details.

**TELEPHONE CUSTOMER SERVICE MINIMUM MANNING:** The Telephone Customer Service and Communications Cable Digging Permit offices, Bldgs. 400 and 3136, will be minimally manned **March 25** for a Squadron function. Call **634-1005** for any questions or concerns.

**WOMEN'S HISTORY 5K:** The Risner Fitness Center will hold a free Women's History Month 5K Fun Run **March 25** at 8 a.m. Contact Capt. Shuree Gillespie or 1st Lt. Megan Kranenburg on the global address list for more details.

**UMUC REGISTRATION:** Register for the University of Maryland University College Term IV classes until **March 25** at the UMUC field representative office. Call **634-4383** for more information.

**THE BRIDE OF BRACKENLOCH PLAY:** The Kadena High School drama department will present the gothic thriller, *The Bride of Brackenloch* **Mar. 25-26**. Doors open to the public at 7 p.m. and costs \$3 per person. Call **634-1216** for more details.

**EASTER CANTATA:** Join rehearsals and sing or help provide child care for the choir performance of "Shout for Joy" from 7 to 8:30 p.m. every Monday at Chapel 1. The performance will be held **Mar. 26-27**. Call **633-1295** for more details.

**HELP LINE TRAINING:** A joint services 24-Hour Help Line training class will be held **April 9** and **April 16** from 8 a.m. to 4 p.m. at the Family Support Center to provide non-directive counseling, crisis intervention, and referrals training. Anyone of SOFA status 20 years and older may register until **March 28**. Participants must attend both days. Call **634-0684** for more details.

**WOMEN'S HISTORY MONTH LUNCHEON:** Attend the Women's History Month luncheon at 11:30 a.m. **March 30** in the Rocker NCO Club Ballroom for speakers, skits and more. Contact Capt. Shuree Gillespie or 1st Lt. Megan Kranenburg on the global address list for more details.

**SCHOLARSHIPS:** Applications will be accept-

ed for Kadena Enlisted Spouses Club scholarships through **March 30** for students and spouses of enlisted members that are currently enrolled in college or post-secondary education. For more information contact Master Sgt. Leroy Sapp on the global address list or Lisa Hunt at [hunt2000@oasis.mediat-ti.net](mailto:hunt2000@oasis.mediat-ti.net).

♦ The Kadena Officers Spouses Club scholarship program is available to college students who are SOFA status dependents of active-duty or retired Airmen of any rank. Applications may be picked up at the KOSC Gift Corner or the Kadena Library and must be received by **March 31**. Call **633-6705** for more details.

**DFAS WEB SITE MOVE:** Users will be redirected to a new Defense Finance and Accounting Service public Web site at [www.dod.mil/dfas](http://www.dod.mil/dfas) on the internet, though, the old site, [www.dfas.mil](http://www.dfas.mil), will remain available through **March 31**.

**LIGHTERS PROHIBITED IN AIRPORTS:** The Transportation Security Administration recently announced that all lighters will be prohibited in security controlled areas of airports and onboard aircraft starting **April 14**. This action is in response to a provision in the Intelligence Reform and Terrorism Prevention Act of 2004 which was signed into law by the president in December, and requires that butane lighters be added to TSA's Prohibited Item's List.

Continued on Page 5



# 18 SFS civilian wins Air Force level award

By Senior Airman Anna Fitzhorn  
18th Wing Public Affairs

For 23 years, James B. Pettus, a civilian with the 18th Security Forces Squadron, has been associated with the military—yet recently, he received the honor of being named the Air Force 2004 Outstanding Security Forces Unit Level Civilian Employee after working there for less than a year.

Mr. Pettus, a Fort Mill, S.C. native, works in the 18th SFS as the 18th Wing anti-terrorism officer.

“Anti-terrorism covers a large spectrum of fields: civil engineering, intelligence, security and surveillance,” he said.

In addition to being the head of Kadena’s anti-terrorism office, Mr. Pettus also works with many different military agencies and anti-terrorism officers from other military installations on-island.

For Mr. Pettus, and all those involved, the goal is to protect Okinawa-based U.S. military installations and deter terrorist threats.

That is no small task for Mr. Pettus, who is in charge of the protection of 22,000 Kadena members. “This is not a job that you can just show up to and go home,” he said. “You have to stay on top of all the world events that are occurring.”

To do this, he has designed and implemented many new programs, systems and plans to safeguard the base and its personnel. Among the programs, Mr. Pettus, with help from the military personnel flight, created the first multi-service missing or lost military ID tracking system that identifies suspicious trends. He also implemented a tracking log for preventing unauthorized personnel gaining access to the installation, and ensured installation security for Department of Defense Dependent Schools by conducting assessments.

ducting assessments.

Mr. Pettus also led a weekly threat working group where he assessed intelligence reports and briefed 18th Wing leadership on current threats to the installation and region.

As a prior security forces senior master sergeant, Mr. Pettus added that being an anti-terrorism officer is similar to his former career. “There are no tangible achievements,” he said. “You just know that you’re doing your job if nothing ever happens.”

Mr. Pettus said that while he was honored to receive the Air Force award, he felt he couldn’t have won it without the help of his coworkers and other island anti-terrorism officers.

“It couldn’t have been done without



Air Force/Senior Airman Mercedes McAlister  
**James B. Pettus, 18th Security Forces Squadron, was recently named the Air Force 2004 Outstanding Security Forces Unit Level Civilian Employee.**

the unit,” he said. “You can have the best person in this position, but if you don’t have the commanders, the leadership and the personnel backing it up, the program isn’t going to go anywhere.”

## Courts-martial convictions

By Staff Sgt. Jason Lake  
18th Wing Public Affairs

Four Airmen were found guilty of various charges ranging from possession of child pornography to drunk driving during courts martial hearings last week.

An airman from the 18th Security Forces Squadron was sentenced to eight years confinement after being found guilty at a general court-martial of two charges of possessing child pornography, two charges of indecent acts upon minors, breaking into an absent servicemember’s quarters and stealing items, and breaking restriction. The airman was also demoted to airman basic, ordered to forfeit all pay and allowances, and given a dishonorable discharge by a panel of six officers.

Capt. Andrew Griffin, a member of the trial counsel prosecuting the case, said the 8-year confinement was appropriate in light of the repeated nature of the crimes. Among other matters, Office of Special Investigations officials determined that the Airman possessed and viewed child pornography in his office while deployed to Camp Arifjan, Kuwait, from August 2003 to May 2004, and in his dormitory room after being returned home early from the deployment.

“If you are downloading or viewing child pornography you will be held accountable,” said Captain Griffin. “The possession of child pornography is a particularly horrible crime because it feeds into the supply and demand cycle of a sick and vicious industry that preys upon the most innocent members of our society.”

In other court results, a senior airman from the 18th SFS was sentenced to six months confinement, demoted to airman, and given a bad-conduct discharge after being found guilty of indecent assault, assault and battery, and unlawful entry into the dormitory rooms of fellow female Airmen of his unit.

A senior airman from the 18th Operations Support Squadron was sentenced to 60 days confinement and loss of \$1,000 in pay after being found guilty of drunk driving with a breath-alcohol level of .177 percent at 10:20 a.m. He also lost a line number to staff sergeant. The senior airman was apprehended on Feb. 12 after losing control of his vehicle while driving on Kuter Boulevard.

An airman 1st class from the 18th Equipment Maintenance Squadron was found guilty of drunk and reckless driving with a breath-alcohol level of .11 percent. He was demoted to airman and given 120 days confinement. The Airman was apprehended Dec. 18 after losing control of his vehicle outside Gate 2 and smashing through a guard rail before skidding down an embankment into the road below. There was a passenger in the vehicle, though no one was injured in the incident.

All four Airmen are currently serving their punishments at the Camp Hansen Brig.

## DoDDS Spring Registration for school year 2005-2006

By Henry Meyer  
Department of Defense Dependents Schools Public Affairs

The Okinawa District of the Department of Defense Dependents Schools will hold spring registration for school year 2005-2006 April 11 to 15.

Parents can bring their students to one of several schools, depending on where the child(ren) attends school, for this one-stop school and bus registration.

Students who attend school on Kadena will register at Kadena High School.

Students who attend Bechtel Elementary School, Edward C. Killin Elementary School, Kinser Elementary School, Kubasaki High School, Lester Middle School, or Zukeran Elementary School will register at Lester Middle School.

Parents with a student who attends Bechtel Elementary School or Kinser Elementary School only, will register at their school.

Registration at Kadena High School and Lester Middle School will be held April 11 and April 12-14 from 8 a.m. to 3:30

p.m., and April 15 from 8 a.m. to 1 p.m.

To re-register a student, parents must provide a copy of their most recent housing assignment letter or off base housing lease. In addition, service members must also bring a copy of their orders or extension if their orders expire after Sept. 1, 2005. Civilian employees must bring orders or verification of employment.

To register all new students, parents need orders/extension or verification of employment, birth certificate or passport, social security number, Immunization Form 122.1, a map to off-base housing (if applicable) and a copy of the most recent housing assignment letter or off-base housing lease.

Students must be present to receive a bus pass. To apply for free or reduced lunches, parents must bring a current leave and earnings statement.

For more information, call any DoDDS school, the district registrar at 634-8995, or visit the Okinawa district website at [www.okinawa.pac.dodea.edu](http://www.okinawa.pac.dodea.edu).

## NEWS BRIEFS

Continued from Page 3

**FSC CLOSURE:** The Kadena Family Support Center will be closed **March 31** due to training. The center will resume normal operations the following day.

**OUTREACH PROGRAM:** The Life Skills Support Center is offering an LSSC representative to come to your unit to present prevention programs like stress management, suicide and violence prevention, and more. To schedule a presentation, contact Capt. Beverly Thomas or Staff Sgt. Jason Sharp at **634-1266**. Theater briefings for suicide prevention for larger groups will be held the second Wednesday of every month.

**MPF CLOSURE:** The Military Personnel Flight will close for an official function March 25 at 2 p.m. For emergencies, call MPF personnel at 090-8290-3495 or 090-4470-4316.

**SUMMERHIRE PROGRAM:** Pick up and turn in applications for the 2005 Kadena Summer Hire Program, beginning July 11 and ending Aug. 19, at the

civilian personnel flight, Bldg. 721-A, from 9 a.m. to 3 p.m. Tuesday through Thursday through **April 28**. SOFA dependents of military and civilian employees ages 14 through 22 are eligible to apply. Call **634-1358** for more information.

**POSTAL ADVISORY:** Recently, there has been a rash of confiscated items—counterfeit or black-market merchandise from Korea and other foreign countries—such as fake clothing brand names. These counterfeit items are not allowed entry into Okinawa through the Military Postal Service, and officials examine all incoming mail daily

in accordance with the Status of Forces Agreement. Call **634-3266** for details.

**WELCOME TO THE NEIGHBORHOOD:** Join the Family Support Center for coffee every Monday through Friday from 10 a.m. to 2 p.m. at the Hershey Temporary Lodging Facility, Bldg. 437. The welcome center offers an informal setting to learn about the base and community. Newcomers can also visit the Loan Closet where departing and arriving families may borrow household items such as dishes, pots and pans, infant car seats, strollers and much more. Call **634-3366** for more information.



## KADENA SPOTLIGHTS

Congratulations to the following 2004 Pacific Air Forces Lt. Gen. Leo Marquez award winners:

-- Outstanding Aircraft Maintenance Person of the Year -- Company Grade Manager: **Capt. Darlene D. Gines**, 18th Equipment Maintenance Squadron -- Supervisor Manager: **Master Sgt. Kevin S. Orr**, 18th Aircraft Maintenance Squadron -- Outstanding Munitions/Missile Maintenance Person of the Year -- Field Grade Manager: **Lt. Col. Thomas J. Noon**, 18th Munitions Squadron -- Technician: **Senior Airman Selma G. Stinson**, 18th Equipment Maintenance Squadron

Congratulations to the following senior master sergeant promotees: **Fredy Kornett**, 18th Communications Squadron; **Tanya Manglona**, 18th CS; **Brett Workman**, 18th CS; **Boyce Haywood**, 18th Contracting Squadron; **Clark Billingsley**, 18th Logistics Readiness Squadron; **Kim Currier**, 18th LRS; **Rodney Gray**, 18th LRS; **Michael Foster**, 18th Mission Support Group; **Paul Reckoff**, 18th MSG; **Phillip Dawson**, 18th Security Forces Squadron; **Scott Maunu**, 18th SFS; **Paul Chong**, 18th Services Squadron; **Hubert Mussehl**, 18th SVS; **John Olberding**, 18th Dental Squadron; **Richard Baker**, 18th Aerospace Medicine Squadron; **Michael Clayton**, 18th Civil Engineer Squadron; **Jeffrey Felty**, 18th CES; **Harry Hutchinson**, 18th CES; **Michael Rosser**, 18th CES; **Jerry Shelton**, 18th CES; **Randall Stutzman**, 18th CES; **Reginald Wyche**, 18th Operation Support Squadron; **James Padron**, 623 Air Control Flight; **Mark Bowlin**, 718th Aircraft Maintenance Squadron; **Danny Rhoads**, 718th AMXS; **Herman Collins**, 18th Maintenance Operations Squadron; **Todd Piazza**, 18th Maintenance Group; **Dieter Halper**, 18th Aircraft Maintenance Squadron; **Lloyd Logan**, 18th AMXS; **Robert Meyer**, 18th AMXS; **Ricky Nelson**, 18th AMXS; **Todd Williams**, 18th AMXS; **Kenneth Trawick**, 18th Component Maintenance Squadron; **Terri Switzer**, 18th Equipment Maintenance Squadron; **James Reid**, 18th Munitions Squadron; **Timothy Davis**, 353rd Special Operations Group; **Andrew Dzurissin**, 353rd SOG; **Jeffrey Petteys**, 353rd Operations Support Squadron; **Marvin Beacham**, 1st Special Operations Squadron; **Antonio Walton**, 390th Intelligence Squadron; **Ronnie Allen**, 733rd Air Mobility Squadron; **Stokely Samuel**, 733rd AMS; **Kimberly Ford**, Detachment 1, 554th Red Horse Squadron; **Marty Baugher**, Det. 3, AFIERA

## FLAG

Continued from Page 1

"Red Flag is an incredible experience," said 1st Lt. Scott Gunn, a 67th Fighter Squadron pilot. "Although I have never been in any actual combat, I can't imagine it being any more tactically difficult than this. The opportunity to see an integrated enemy air defense, including simulated threat surface-to-air defenses, jamming, and the best air-to-air replication is indispensable to our training."

"It's a very good look at how it all happens," said Major Scott Hollister, 909th Air Refueling Squadron deployed commander. "Red Flag is definitely making us better pilots."

"The majority of tanker crewmembers in attendance are relatively new to their position in the aircraft," said Major Hollister. "So Red Flag provides a great environment for them to reinforce what they have learned about the tricks and trades of air refueling. The other lesson I believe the crews and participants are learning is how vitally important the tanker is to the execution of a plan."

"My crew and I really enjoyed the opportunity to see and refuel just about every aircraft in the inventory," said Capt. Todd Abshir, 909th ARS pilot. "We brought some very young crews, and Red Flag has been a real confidence boost for everyone including myself."

For thirty years friendly "blue" forces have been bat-

tling enemy "red" forces above the high desert of southern Nevada. Today, the Nellis range complex continues to provide superior training for American Airmen.

"The tactical focus is incredible and the training is priceless," said Lt. Col. Jeff Gustafson, 67th Fighter Squadron and deployed detachment commander. "Nowhere else in the world is the training so push-it-up and realistic. It pushes the maintainers, pilots, and support warriors to the limits. The learning is endless."

Working next to the other units gave Kadena pilots and maintainers insight into the requirements and capabilities of other airframes. It also gave Kadena's team a chance to see how the Air Force inventory works together to accomplish a mission.

"This is my first Red Flag with the stealth assets," said Capt. Tony DiCarlo, 67th FS. "It's good to work with them and the other iron droppers (ground attack aircraft) to find out how we can support their mission."

For Kadena members at Nellis, fighters and tankers flying and fighting side by side was second nature.

"Our KC-135s and air-to-air refueling is absolutely critical to success," said Colonel Gustafson. "We lost all of our tankers on a couple of days and the results were dismal. We just can't



Air Force/Staff Sgt. James Beckman

**Capt. Mike Yanovitch, 67th Fighter Squadron, chawks up a "MiG kill" on his F-15 following a recent Red Flag mission.**

do it without them. It doesn't matter how many aircraft you have on the ground with full fuel tanks—it's the amount of gas you can maintain in the air that matters."

Getting jets up in the air was a challenge at times for Team Kadena, which flies the oldest Eagles in the active-duty fleet.

"My maintainers are incredible and the leadership on the line is superb," said Colonel Gustafson, referring to Airmen of the 67th and 909th Aircraft Maintenance Units. "They consistently amaze me with their drive to get our Eagle jets and tankers ready for war."

Though they didn't engage in the high-g "yanking and banking" of nose to nose combat against "red air," 67th AMU Airmen "flew" the missions vicariously by watching live, 'real-time' gun footage of Shoguns in combat on a

movie screen in the Red Flag auditorium.

"For each of them to see the fruits of their labor was worth its weight in gold," said Colonel Gustafson.

Red Flag training ensures participants will be ready for any future threats.

"Not every mission goes like you want it, and the threat here at Red Flag is incredibly realistic," said Colonel Gustafson. "My pilots have seen that if you don't have air superiority, you lose. I hope this experience humbles them. Mistakes made in training at Red Flag are ones that will never be forgotten, and in war...not be repeated."

Red Flag was established in 1975 as training for young pilots to learn how to survive their first 10 combat missions. An average Red Flag mission at Nellis today involves 80 to 100 aircraft flying at any one time.

# Airmen test 8-pound Kevlar shorts



Air Force/Staff Sgt. Dawn M. Bolen

**Second Lt. Wendell Morgan wears protective Kevlar shorts being tested by the Air Force.**

By Staff Sgt. Michael Voss  
1st Fighter Wing Public Affairs

LANGLEY AIR FORCE BASE, Va. — Airmen at Langley are testing Kevlar shorts designed to complement their current vests and helmets.

Base officials are the first in the Air Force to purchase the Kevlar Tactical Outer Protective Shorts. The shorts minimize fragment damage from the waistline to the knees and provide vital protection to the femoral artery, which passes close to the outer surface of the upper thighs carrying blood from the hip to the heart, officials said.

The 8-pound shorts can be donned in about 90 seconds. They are equipped with load-bearing suspenders for comfort, pockets for items like bullets and radios, and quick release latches which assist with the removal of the shorts in seconds, officials said.

They are made from 28 layers of Kevlar and provide level-three protec-

tion, making them able to shield against the effects of a 9 mm bullet. The shorts also have Velcro on the sides of the legs for adjustment, helping ensure proper fit.

"Kevlar shorts are part of the natural evolution to provide comprehensive protection to our warfighters," said Lt. Col. Scott Kiser, 1st Contracting Squadron commander.

The idea of Kevlar protection has been around since the Vietnam War, but it was not put into production until recently when newer, lightweight materials became available, officials said.

A contractor designed the shorts for the U.S. Marine Corps Warfighting Laboratory at Quantico, Va., after deployed Marines asked for additional protection in the lower torso area.

"Based on wound data reports and feedback from the operating forces, the Marine Corps Warfighting Lab determined that Marines conducting mounted patrols or traveling on convoys, specifically Humvee turret gun-

ners, required increased protection to the lower extremities from improvised explosive device attacks," said Marine Lt. Deborah Packard of the Warfighting Lab.

Officials here purchased more than 50 sets of the shorts for security forces and logistics readiness squadron Airmen now deployed in hostile areas.

"With the Army being undermanned and overextended, security forces are taking on additional missions, and the shorts are ideal for protecting those servicemembers directly in harm's way," said 2nd Lt. Landon Morgan, a 1st Security Forces Squadron flight commander here.

About 26 Langley Airmen are deployed with the Kevlar shorts added to their armored protection, and when they return they will evaluate the product's comfort, fit and practicality for everyday use, officials said.

"The investment for the shorts is minimal compared to the cost of saving a life," Colonel Kiser said.



Brig. Gen. Polly Peyer (center), Director of Pacific Air Forces Logistics, observes Staff Sgt. Charity Dice (left), 18th Medical Support Squadron, giving jelly beans to Victor Sgt. Steven Cochran, 18th Equipment Maintenance Squadron, to simulate malaria vaccinations during Operation KUDOS, Kid's Understanding Deployment Operations, S participated in the event to learn more about how their military parents deploy.



Air Force/Senior Airman Mercedes McAlister  
**MASK:** Logan Deremer, 10-year-old daughter of Staff Sgt. David Deremer, 18th Communications Squadron, tries on a gas mask to experience what her dad would go through if he had to use one while deployed.

**SUITING UP:** Staff Sgt. David Baker (right), 18th Civil Engineer Squadron explosive ordnance disposal technician, helps Jeffery Gary, 16-year-old son of Master Sgt. Kevin Gary, 18th Equipment Maintenance Squadron, put on protective gear for disarming a bomb.

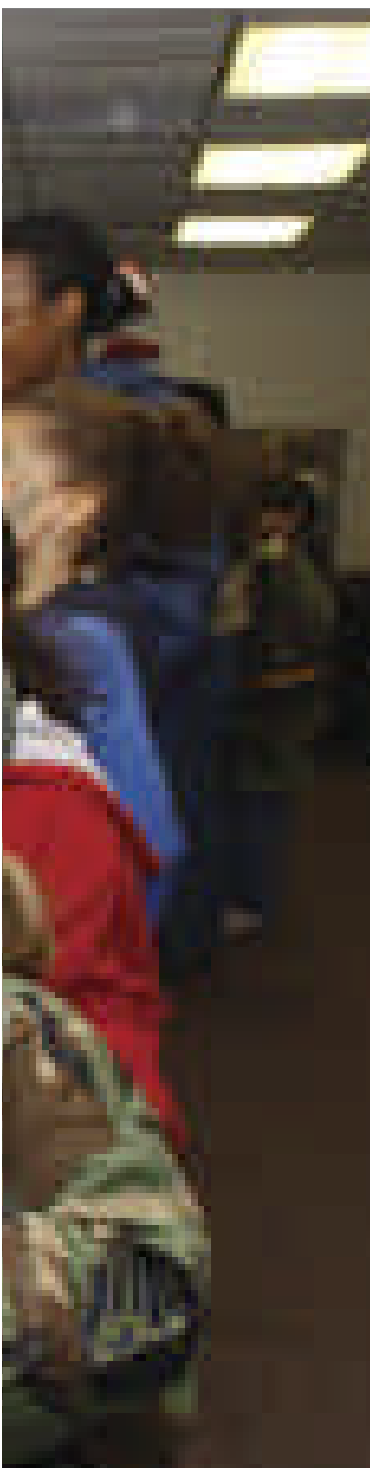


Air Force/Senior Airman Mercedes McAlister



(From left to right) Six Ashley and Alexa Dur Sgt. Joseph Duntema and Page Phillips, 9-y Special Operations Si casualty on a litter w Base Saturday.





Air Force/Senior Airman Mercedes McAlister  
 hran, 6-year-old daughter of Staff  
 ay morning. More than 220 youths



Air Force/Senior Airman Mercedes McAlister  
 old Kahleigh Williams, along with  
 1, 6-year-old daughters of Master  
 h Aerospace Medicine Squadron,  
 d daughter of Brian Phillips, 1st  
 on, prepare to carry a simulated  
 deployed" to Kadena's Shogun Air



Air Force/Senior Airman Mercedes McAlister  
**DISPLAY:** More than 100 volunteers from units throughout  
 Kadena helped carry out Operation KUDOS Saturday. Stat-  
 ic displays (above) of vehicles and weapons were set up at  
 Kadena's "deployed" Shogun Air Base site to give children  
 an idea of Kadena's combat capabilities.

**WELCOME HOME:** Mikaila Bantugan, daughter of Tech.  
 Sgt. Michael Bantugan, 353rd Maintenance Squadron,  
 hugs 6-year-old Jordan Deremer, daughter of Staff Sgt.  
 David Deremer, 18th Communications Squadron, wel-  
 coming her home from her simulated deployment to  
 Iraq Saturday.



Air Force/Senior Airman Mercedes McAlister

# OPERATION KUDOS

## Kadena youth get deployment experience

By Senior Airman  
 Anna Fitzhorn  
 18th Wing Public Affairs

With a mobility bag slung heavily over one shoulder, the petite "Tech. Sgt." Natasha Dumpert stands in a deployment line waiting for her immunizations before setting off for a deployment to Iraq.

Oh, by the way, Natasha is 8-years-old and her immunizations are jellybeans.

Natasha, along with more than 320 other Kadena children and adults, participated in a mock deployment as part of Operation Kids Understanding Deployment Operations Saturday.

Tech. Sgt. Michael Stines, the Operation KUDOS coordinator, said the goal of the program was to help children better understand what their parents have to do when they deploy.

"We put this program together because we know children—and even many spouses—have no idea what their parent or spouse goes through when they deploy," said Sergeant Stines. "And since service members are deploying for longer periods of time, hopefully, this will help them to better deal with the reality of their mom or dad's deployment."

To make the mock deployment seem as real as possible, Operation KUDOS officials, with the help of various squadrons on base, put together an in-processing tent, a processing line, and the actual deployment location "Shogun Air Base, Iraq" in one of the base's maintenance hangars with many different static displays.

Sergeant Stines said there were many squadrons throughout Kadena that participated in the operation.

"We even had over 100 enthusiastic volunteers from various units on base," he said.

The operation started off at the Four Diamonds softball field, where children were cycled through an in-processing line. Each child received an identification card,

Operation KUDOS dog tags and each had the opportunity to get their face painted with camouflage paint.

Tech. Sgt. Robert Hastings, from the 353rd Special Operations Group, said he really enjoyed volunteering to help camouflage the kid's faces for the event.

"It was great watching the kids get a thrill out of running around looking like Rambo."

Following the initial check-in, the kids were bused to Bldg. 96,000 where they listened to opening remarks from Col. Brent Baker, 18th Mission Support Group commander. During his briefing, Colonel Baker asked the kids to name their favorite heroes. After shouts of "Spiderman!" and names of famous athletes, Colonel Baker said that the real heroes are the people who defend our freedom today. "You live with these heroes—they're called your parents."

The kids sat through several other deployment briefings before going through the processing line. Each child that filed through the line received a laundry bag [a.k.a. mobility bag], an Operation KUDOS T-shirt, a calling card from the Family Support Center, cookies and a writing kit from the base chaplain, and jellybean malaria shots.

Alyssa Duntelman, 12, daughter of Master Sgt. Joseph Duntelman, 18th Aerospace Medicine Squadron, said she thought it was really interesting to see how complicated the whole process was. "There is so much to do before getting deployed and I can see how complicated it can get trying to make sure you have everything you need."

With mobility bags in hand filled with deployment goodies, the children were then bused to their final deployment location—Shogun Air Base, Iraq.

The setup included an 18th Security Forces Squadron defensive fighting position entry control point where children had to practice using the pre-designated sign

and countersign to get into "the base." The kids were then able to see deployment living quarters inside a tent with cots.

Tech. Sgt. Eric Dumpert, 18th Civil Engineer Squadron and Operation KUDOS committee member, said the living quarters gave the kids an idea where their parents actually had to stay. "I heard many of the kids say how uncomfortable the cots were and asking why they didn't get more privacy."

The kids also got to sit in an ambulance, a 33rd Rescue Squadron HH-60 helicopter, a HUMVEE, a cargo loader vehicle, a fuel truck and fire department truck. They were able to sample a variety of hot and cold (meals ready to eat), handle snakes brought by Entomology, and look at a variety of weapons brought by the 18th SFS.

"A majority of the kids have seen them at the gate, but security forces did a great job at describing the weapons to the kids and stressing weapons safety awareness," said Sergeant Dumpert.

The 18th Civil Engineer explosive ordnance disposal team also brought out a range of high-tech equipment to show the kids.

"EOD brought some great high-tech equipment, such as a robot, as well as a 72-pound bomb suit which was arguably the funniest thing at the event," said Sergeant Dumpert.

Once the deployment was over, the kids were bused back to the softball field for a big welcome home celebration with family.

Robyn Parks, wife of Tech. Sgt. Virgil Parks, 733rd Air Mobility Squadron, said she was impressed with the event. "I think this was a really great idea," she said. "I thought it was important to show my daughter what her dad has to do when he deploys."

Sergeant Stines said the event was a huge success.

"I was pleased that everything ran so smoothly and we should be doing it again in the near future," he said.



## The Okinawa Perspective

The following is a synopsis of articles that appeared recently in Japanese newspapers.

□ Two days after 170 Marines from the 31st Marine Expeditionary Unit returned to Okinawa from Iraq, Ginowan mayor Yoichi Iha protested and asked the unit to go someplace else.

□ The Japan Defense Agency announced last week that 24 F-4 fighters assigned to Naha Air Base, Okinawa will be replaced by 20 F-15 fighters from Hyakuri, Japan. Defense agency officials call the aircraft move a response to China's military modernization and world politics. Currently, four Japan Air Self Defense Force F-4s assigned to Naha are operating at Kadena while construction continues at Naha Airport.

□ Okinawa Governor Koiichi Inamine met with Department of Defense Deputy Undersecretary Richard Lawless in Washington D.C. Tuesday to discuss reduction of U.S. forces in Okinawa. Mr. Lawless told Okinawan officials that decisions based on the talks will be made within six months and "the result will be a plus to Okinawa."

□ Government of Japan officials decided Saturday to propose budget cuts for salaries of Japanese workers on U.S. military bases in an effort to save more than ¥3 billion yen. Government officials said the number of Japanese workers on U.S. bases will likely decrease in lieu of American base realignments in Japan. An earlier decision was also made to cut outlays for electricity, gas and water.

□ Okinawa police arrested a Kadena dependent for violating a traffic law and allegedly driving a JCI-expired car without a license.

□ Tokyo marked the 60th anniversary of the Tokyo firebombings carried out by U.S. bombers during World War II with a ceremony last week. More than 300 B-29 Superfortress bombers dropped incendiary cylinders on the city during the nights of March 9 and 10, 1945 killing more than 100,000 people.



Air Force/Senior Airman Mercedes McAlister

## A different way of communicating

Tech. Sgt. Erik Hawkinson, 18th Civil Engineer Squadron, (above) and Airman 1st Class Richard Northey, 961st Airborne Air Control Squadron, (right) play dodgeball with Bito Elementary School students March 10. Nine Kadena volunteers and dozens of BES students played dodgeball to celebrate the last cultural exchange of the school year for the English tutors program. The program resumes in May. People interested in volunteering for the next school year can contact Keiko Toma, 18th Wing Public Affairs community relations office at 634-7485.



Air Force/Senior Airman Mercedes McAlister

**Q : I've read about Okinawan officials requesting Kadena aircraft to not fly during Japanese school tests? Why are these tests so important in Japanese schools?**

**A :** Japanese children are among the busiest in the world. Many, if not most, attend "juku" (private tutoring schools) in addition to their regular studies. The reason for all this schooling is due to the difficult university entrance examinations.

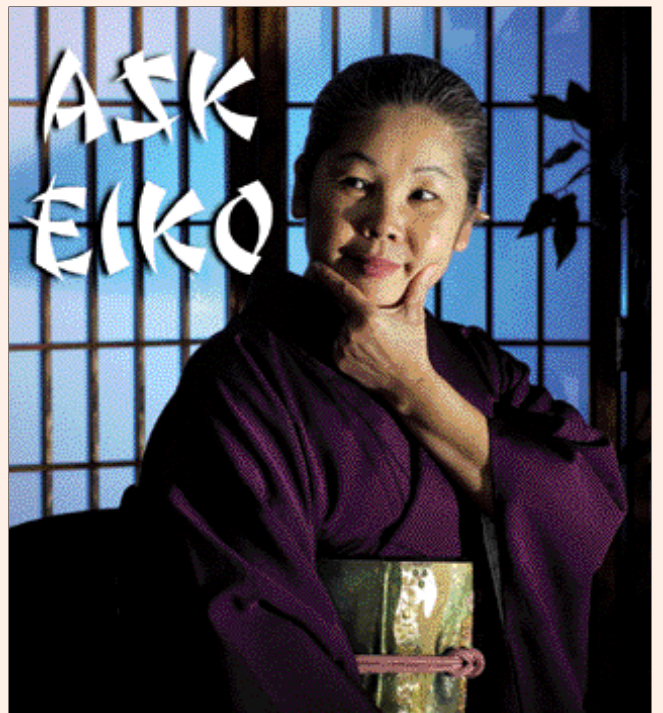
Japan has long been a society that takes a person's academic background seriously. A person's alma mater (university) can be a determining factor in employment by a big-name firm, appointment to a high government position, or even assure promotion.

Therefore entrance examinations to top-rated universities are so difficult that they are referred to as sheer "hell". Many parents send their children to "juku" which offer lessons in the academic subjects that are important in school entrance examinations, primarily English, mathematics, and Japanese. The rigorous "juku" require harder work and longer hours than ordinary schools. Japanese children are under great pressure in the present educational system. As a matter of fact some parents even believe that a good kindergarten is necessary to assure admission to a good elementary school and so on up the line.

Except for the positions of high-ranking government officials, the significance of one's academic background is gradually diminishing as more and more weight is given to a worker's ability. The Japanese system of seniority is not actually employed to the extent believed abroad. Even so, many parents still think it best to enroll their children in good schools.

Increasing numbers of young people are forsaking a university education to study at professional or other specialty schools ranging from computer technology to cooking. Others attend university classes during the day and study at technical schools at night, a phenomenon referred to as "double school".

Japan's high level of education has enabled it to become a prominent economic power despite its small size and lack of natural resources. Moreover, Japan can boast of being one of the most highly educated countries in the world, for at pre-



"Ask Eiko" is a forum for readers to ask Japanese cultural questions to Kadena's family support center's cultural awareness expert, Eiko Ishikawa. To submit a question, send an e-mail to: [kadenashogun.newspaper@kadena.af.mil](mailto:kadenashogun.newspaper@kadena.af.mil) with the subject line - ASKEIKO.

sent school enrollment and literacy rates are 100%.

Japan's modern system of education had its beginnings in 1872 following the Meiji Restoration. But Japan's tradition of popular education goes back even further. In the latter half of the 18th century when the Tokugawa shoguns ruled the country, there was already a fairly developed system of private schools for the children of the warrior class and "temple schools" for the commoners. Around the middle of the 19th century, approximately 45% of male children and 15% of female children could read and write. These figures put Japan in proximity to the advanced countries of that era.

All schools begin in April, although a September entry is also being pursued in view of the need to accommodate numerous students from abroad and returning Japanese students.



Today

**SINGLE PARENT APPRECIATION:** The Family Support Center will host a single parent appreciation celebration March 18 from 3 to 5 p.m. at Marek Park to discuss single parent issues, establish a babysitting network, and have some fun. All military and DoD employee single parents island-wide and their children are invited for free food, games, raffles and family photos. Call **634-3366** to sign up.

**LEPRECHAUN DANCE:** Join the Kadena Youth Center for a Lucky Leprechaun Dance from 7 to 9 p.m. for children ages 6 to 8. Tickets cost \$3 for members and \$5 for nonmembers.

**DEJA VU FRIDAYS:** Join the Rocker NCO Club for Variety with the Doctor from 5 to 8 p.m. followed by variety theme formats until closing.

**KUMON MATH:** Children ages 5 to 18 can learn to excel in math and develop superior study habits from 3 to 5:40 p.m. at the Schilling Community Center. Call **634-1387** for more information.

**POWER HOUR** The Teen Center will host the Power Hour Program where students can do homework, read, or do other educational activities starting at 2:30 p.m.

**AFTER SCHOOL FREE BOWLING:** Children ages 9 to 18 are invited to bowl for free from 2:30 to 5 p.m. at Emery Lanes. Children ages 10 and older must show an ID card to join and all 9-year-olds must be signed in by a parent. Pick up forms at the front desk to enroll, or call **634-2290** for more information.

**BACK THAT FRIDAY UP:** Join the Rocker NCO Club for all the best from the 80's and 90's in the Lounge at 9 p.m.

**VIRUS FRIDAZE** : Join the Banyan Tree Club for Flashback Friday with CNOTE from 5 to 10 p.m. followed by Reggae Beats Virus in the Lounge and Live Wire Virus Rock Band in the Ballroom.

Saturday

**ANGIE STONE:** Get up close and personal with R&B legend Angie Stone live at the Rocker NCO Club. Doors open at 9; show starts at 10 p.m. for this ticket-only event.

**MINIATURE WAR-GAMING:** Join the fun as miniature war-gamers gather to compete in an assortment of tabletop battles from 10 a.m. to 10 p.m. at the Schilling Community Center.

**SAX, FLUTE, CLARINET LESSONS:** One hour sessions from 7:00 a.m. to noon at the Schilling Community Center for ages 5 and up. Call **634-1387** for more details.

**PATCHWORK QUILTING CLASS:** Learn the art of patchwork quilting and discover how to make useful household items out of old clothing and fabric scraps from 9:00 a.m. to 5:00 p.m. Call **634-1387** for more details.

**CARD AND COMIC SHOW:** Buy, trade, or sell comics, cards and other collectables at the Schilling Community Center from 10 a.m. to 6 p.m. Vendors tables are \$5 on a first-come, first-serve basis. Call **634-1387** for more information.

**CHESS CLUB:** Play the game of strategy with other teens who share a love for chess at the Teen Center from 1 to 2 p.m.

**DIGITAL ARTS CLUB:** Prepare for digital arts festivals, where members will be able to enter their original works in national competitions from 1 to 2 p.m. in the Teen Center. Call **634-3866** for more information.

**LEPRECHAUN DANCE:** Join the Kadena Youth Center for a Lucky Leprechaun Dance from 7 to 10 p.m. for children ages 9 to 12. Tickets cost \$3 for members and \$5 for nonmembers.

**SATURDAY NIGHT FEVER:** Join the Rocker NCO Club for Southern Rock Night in the Lounge at 9 p.m.

**BANYAN TREE:** Join the Banyan Tree

MOVIES	
Patrons should call Keystone Theater at 634-1869 or Butler Theater at 645-3465 to verify movie titles, showtimes and ratings.	
<b>Keystone Theater</b>	
▲ Today.....	In Good Company, <i>PG-13</i> , 6 p.m. *Constantine, <i>R</i> , 9 p.m.
▲ Saturday.....	Coach Carter, <i>PG-13</i> , noon Assault on Precinct 13, <i>R</i> , 4 p.m. *Constantine, <i>R</i> , 7 p.m.
▲ Sunday.....	In Good Company, <i>PG-13</i> , noon *Constantine, <i>R</i> , 4 p.m. Coach Carter, <i>PG-13</i> , 7 p.m.
▲ Monday.....	*The Pacifier, <i>PG</i> , 7 p.m.
▲ Tuesday.....	*The Pacifier, <i>PG</i> , 7 p.m.
▲ Wednesday...	Assault on Precinct 13, <i>R</i> , 7 p.m.
▲ Thursday.....	*Man of the House, <i>PG-13</i> , 7 p.m.
<b>Butler Theater</b>	
▲ Today.....	*Man of the House, <i>PG-13</i> , 7 p.m. Assault on Precinct 13, <i>R</i> , 10 p.m.
▲ Saturday.....	Coach Carter, <i>PG-13</i> , 1 p.m. In Good Company, <i>PG-13</i> , 4 p.m. Assault on Precinct 13, <i>R</i> , 7 p.m.
▲ Sunday.....	*Man of the House, <i>PG-13</i> , 10 p.m. Are We There Yet?, <i>PG</i> , 1 p.m. In Good Company, <i>PG-13</i> , 4 p.m. *Man of the House, <i>PG-13</i> , 7 p.m.
▲ Monday.....	Coach Carter, <i>PG-13</i> , 7 p.m.
▲ Tuesday.....	*Man of the House, <i>PG-13</i> , 7 p.m.
▲ Wednesday...	Assault on Precinct 13, <i>R</i> , 7 p.m.
▲ Thursday.....	*The Pacifier, <i>PG</i> , 7 p.m.
* First Run shows are marked by a star	

## Subway opens on Kadena



Air Force/Senior Airman Mercedes McAlister

(Left) Sandra Smith, wife of Army Staff Sgt. Michael Smith, order from Kadena's new Subway fast-food restaurant Tuesday. The franchise, known for fresh sandwiches, pre-opened March 11. The official grand opening will be March 24. The restaurant located inside the Olympic Shoppette is open from 7 a.m. to 10 p.m. daily.

Club for Soul 4 Real, Saturday R&B with DJ Nate Love and DJ Steel, and Kickin'It Country with DJ Hypnotic-8 from 10 p.m. until closing.

Sunday

**PLANET VIBE SUNDAYS:** Join the Rocker NCO Club for Planet Jazz with the Doctor from 5 to 8 p.m.

Monday

**SPOUSES COMPUTER CLASS:** The Family Support Center will host a computer skills class through April 5 at the Services Computer Lab, Bldg. 435, from 6 to 8:30 p.m. Active duty Air Force spouses will learn basic computer skills that will increase their qualifications in today's competitive job market. For more information, or to register, call **634-3366**.

**ISHIMINE CHILDREN'S HOME:** Be a volunteer and join the Teen Center Keystone Club Mondays at 5:30 p.m. and interact with Japanese youth. Activities include playing games, arts and crafts, singing songs and simple English lessons. Call **634-3866** for more information.

CAKE DECORATING:

Learn the techniques for mastering the basics of cake decoration and have your next birthday cake go from boring to brilliant from 6:30 to 8:30 p.m. at the Schilling Community Center. Call **634-1387** for more details.

**JAPANESE CONVERSATION:** Make friends with your Okinawan neighbors by learning their customs, culture and practical conversation from 7:30 to 9 p.m. at the Schilling Community Center. Call **634-1387** for more details.

**AFTER SCHOOL FREE BOWLING:** Children ages 9 to 18 are invited to bowl for free from 2:30 to 5 p.m. at Emery Lanes. Children ages 10 and older must show an ID card to join and all 9-year-olds must be signed in by a parent. Pick up forms at the front desk to enroll, or call **634-2290** for more information.

**POWER HOUR:** The Teen Center will host the Power Hour Program where students can do homework, read, or do other educational activities starting at 2:30 p.m.

**ROCKER:** Rock around the Clock with CNote from 7 to 11 p.m. at the Rocker NCO Club.

**BANYAN TREE:** Join the Banyan Tree Club for Video Variety with DJ LT from 7 to 10 p.m.

Tuesday

**SMOOTH MOVE WORKSHOP:** The Family Support Center will host a smooth move workshop from 9 a.m. to noon in the Rocker NCO Club Kuba Room, to provide helpful information for those PCSing from Okinawa. Topics include housing, military pay, billeting, military travel, legal, TMO, healthcare, pet travel, real estate, and information on referral services. To register or to find out more information, call the Family Support Center at **634-3366**.

**KARAOKE CONTEST:** Join the Rocker NCO Club for a karaoke contest in the Lounge from 7 to 11 p.m. for all club members. Each week two winners will be selected to compete in the grand final April 30 for a grand prize of \$500. Weekly winners will receive \$100 for first place and \$50 for second place. Call **634-0740** for more information.

**TAI CHI CH'AU:** Learn the Chinese art of Tai Chi Ch'uan, which involves slow motion moves and routines with numerous benefits to your health, in this adult class from 5 to 6:30 p.m. at the Schilling Community Center. Call **634-1387** for more details.

**AFTER SCHOOL FREE BOWLING:** Children ages 9 to 18 are invited to bowl for free from 2:30 to 5 p.m. at Emery Lanes. Children ages 10 and older must show an ID card to join and all 9-year-olds must be signed in by a parent. Pick up forms at the front desk to enroll, or call **634-2290** for more information.

**POWER HOUR:** The Teen Center will host the Power Hour Program where students can do homework, read, or do other educational activities starting at 2:30 p.m.

**DIGITAL ARTS:** Join the Kadena Youth Center in the Master Minds Room from 3:30 to 4:30 p.m. to learn about Web design, graphic design, photo illustration, music and movie making. Call **634-0500** for more information.

**ROCKER:** Join the Rocker NCO Club for Krazy Karaoke with DJ QTU and LT from 7 to 11 p.m.

**BANYAN TREE:** Join the Banyan Tree Club for Rock It! With DJ Zacko from 7 to 10 p.m.

**RIB EYE TUESDAYS:** Join the Banyan Tree Club for charbroiled 8 oz. rib eye steak, baked potato bar, corn-on-the-cob, homemade rolls and butter and ice tea or coffee for just \$7.95 from 11 a.m. to 1:30 p.m.

Wednesday

**NEWCOMERS UNACCOMPANIED BUS TOUR:** Join a free bus tour from 8 a.m. to 4:30 p.m. that takes military mem-

bers to a pineapple winery, Ocean Expo Park, and Okuma recreation area, while providing helpful information along the way. Bring \$10 for lunch at Okuma. To register or to find out more information, call **634-4626**.

**TORCH CLUB:** Join the Kadena Youth Center for this leadership-based club designed for Youth Center members ages 9 to 12 from 3:30 to 4:30 p.m. Members will learn to work together to plan and implement activities in service to club and community, education, health and fitness, and social recreation areas. Call **634-0500** for more information.

**JAPANESE CONVERSATION:** Make friends with your Okinawan neighbors by learning their customs, culture and practical conversation from 7:30 to 9 p.m. at the Schilling Community Center. Call **634-1387** for more details.

**KEYSTONE CLUB:** Be a part of the Keystone Club and help make changes and improvements at the Teen Center from 3:30 to 4:30 p.m.

**KUMON MATH:** Children ages 5 to 18 can learn to excel in math and develop superior study habits from 3 to 5:40 p.m. at the Schilling Community Center. Call **634-1387** for more information.

**AFTER SCHOOL FREE BOWLING:** Children ages 9 to 18 are invited to bowl for free from 2:30 to 5 p.m. at Emery Lanes. Children ages 10 and older must show an ID card to join and all 9-year-olds must be signed in by a parent. Pick up forms at the front desk to enroll, or call **634-2290** for more information.

**POWER HOUR:** The Teen Center will host the Power Hour Program where students can do homework, read, or do other educational activities starting at 2:30 p.m.

**DEEP GROOVE WEDNESDAYS:** Join the Rocker NCO Club with DJ Nate Love from 5 to 8 p.m. followed by Old School with the Doctor until closing.

**BANYAN TREE:** Join the Banyan Tree Club for Request Night from 7 to 11 p.m.

Thursday

**HEALTH ROCKS:** Join the Kadena Youth Center in the Master Minds Room from 3:30 to 4:30 p.m. to learn life skills that prepare youth to make healthy lifestyle choices. The club is designed to engage youth and adults as partners in developing and implementing strategies to reduce tobacco, alcohol and illegal drug usage among teens. Call **634-0500** for more information.

**RUB-A-DUB THURSDAYS:** Join the Rocker NCO Club with DJ Nate Love from 5 to 8 p.m. followed by Ladies Night with DJ Rob Ski until closing.

**TAI CHI CH'AU:** Learn the Chi-

nese art of Tai Chi Ch'uan, which involves slow motion moves and routines with numerous benefits to your health, in this adult class from 5 to 6:30 p.m. at the Schilling Community Center. Call **634-1387** for more details.

**JAPANESE CONVERSATION:** Make friends with your Okinawan neighbors by learning their customs, culture and practical conversation from 10 to 11:30 a.m. at the Schilling Community Center. Call **634-1387** for more details.

**AFTER SCHOOL FREE BOWLING:** Children ages 9 to 18 are invited to bowl for free from 2:30 to 5 p.m. at Emery Lanes. Children ages 10 and older must show an ID card to join and all 9-year-olds must be signed in by a parent. Pick up forms at the front desk to enroll, or call **634-2290** for more information.

**POWER HOUR:** The Teen Center will host the Power Hour Program where students can do homework, read, or do other educational activities starting at 2:30 p.m. A tutor will be available for math, Algebra 1 and 2, English, geometry, biology and U.S. History.

EASTER CHAPEL HOURS

CATHOLIC

- ▲ Palm Sunday  
-- Saturday, Chapel 2, 5 p.m.  
-- Sunday, Chapel 3, 8:30 a.m.  
Chapel 1, 12:30 and 5 p.m.
- ▲ Holy Thursday: Thursday, Chapel 1, 6 p.m.
- ▲ Adoration of the Blessed Sacrament: Thursday, Chapel 1, 7:30 p.m. to midnight
- ▲ Good Friday: March 25, Chapel 2, noon
- ▲ Celebration of the Lord's Passion: March 25, Chapel 2, 6 p.m.
- ▲ Holy Saturday: March 26, Chapel 1, 7:30 p.m.
- ▲ Easter Sunday: March 27  
-- Chapel 3, 8:30 a.m.  
-- Chapel 1, 12:30 and 5 p.m.

PROTESTANT

- ▲ Holy Thursday: Thursday--Chapel 3, 7 p.m.
- ▲ Good Friday: March 25--Chapel 3, 7 p.m.
- ▲ Holy Saturday: March 26--Chapel 3, 7 p.m.
- ▲ Easter Sunday: March 27  
-- Attend a Sunrise Worship Service at Camp Courtney's Tengan Castle at 6 a.m. Buses leave the Schilling Community Center at 5 a.m.  
-- Inspirational service, Chapel 2, 8:30 a.m.  
-- Liturgical service, Chapel 3 Annex, 8:45 a.m.  
-- Evangelical service, Chapel 1, 9 and 10:45 a.m.  
-- General Protestant service, Chapel 2, 10:30 a.m.  
-- Gospel service, Chapel 3, 10:30 a.m.  
-- Easter Cantata, Chapel 1, 7 p.m.



## Pumping up the volume



Air Force/Senior Airman Mercedes McAlister



Air Force/Senior Airman Mercedes McAlister  
**STEPPING UP:** Charles Transley, 18th Civil Engineer Squadron engineering civilian, participates in a step class at the Risner Fitness Center Wednesday afternoon. This class is held from 5:15 to 6:15 p.m. Wednesdays.

**STRETCH:** Angie Buenrostro, a Bob Hope Primary School teacher, stretches before a step class at the Risner Fitness Center Wednesday. The class incorporates high and low impact aerobic moves to strengthen and build muscle.

## Health officials recommend changes to fitness program

By Tech. Sgt. David A. Jablonski  
Air Force Print News

WASHINGTON — Air Force health officials recommended seven changes to the fitness program during the program's first annual review.

This first annual assessment consists of reviews by three panels: functional, external and leadership, said Lt. Col. Sherry Sasser, chief of health promotions for the Air Force surgeon general. Air Force officials conducted the functional review while experts from outside agencies and universities gave their opinion in an external review.

The leadership review will begin in late April. Commanders and senior enlisted leaders will be randomly selected via e-mail to take a Web-based survey. The survey data will be compiled and forwarded to Air Force Chief of Staff Gen. John P. Jumper.

One consistent aspect of the program, however, is that Airmen worldwide are embracing fitness as a way of life.

"We are seeing a change in the culture of the Air Force," Colonel Sasser said. "Gyms are being used morning, noon and night and are packed. Units are running together. It's wonderful to see."

In the interest of fostering the positive trend, officials said they are

***"We are seeing a change in the culture of the Air Force. Gyms are being used morning, noon and night and are packed. Units are running together. It's wonderful to see."***

Lt. Col. Sherry Sasser

Chief of health promotions for the Air Force surgeon general

considering the following changes to better the program.

- Award full points on the body composition component of the test if the body mass index is within a healthy range. The Air Force is adding height and weight back into the standard to accommodate Airmen unable to obtain the minimum abdominal circumference but are still at a normal weight for their height. National Institute of Health officials define an index of less than 25 as a normal or healthy weight.

- Move the waist-circumference measurement to a controlled area for people rated poor or marginal and are being retested to reduce inconsistencies.

- Lengthen run times for tests conducted at higher elevations.

- Retest Airmen who are rated "marginal" at 90 days instead of 180 days.

- Promote nutrition as an impor-

tant aspect of education and intervention.

- Emphasize regular physical training rather than test results.

- Reinforce commanders' accountability.

A proposed change to weighing the programs components at 60-20-10-10 instead of the current 50-30-10-10 was rejected. The weighted areas, expressed in percentages, correspond to the run, waist measurement, crunches and pushups.

Two smaller changes will be made to the assessment criteria. Values for females aged 50 to 54 were not consistent with all other age categories, so officials will adjust the criteria according to American College of Sports Medicine standards. A category was also added for people older than 60.

The program changes are expected to be implemented in June, officials said.

## Sports briefs

### GOLF TOURNAMENT

Friday

Falcon Fitness Center at 2 p.m.

The Kadena Top III is sponsoring a four-person scramble golf tournament Friday at the Banyan Tree Golf Course. Contact Master Sgt. Sharron Dangerfield at 634-2167 or Senior Master Sgt. John Decker at 630-4232 for more information.

### JAPAN-U.S. BASEBALL GAMES

Saturday

Chibana Recreation Area at noon

The American Consulate General in cooperation with Okinawa City, the Okinawa City International Association, the U.S. Parents' Association, and the Organization of Japanese Coaches, will hold the Opening Day Japan-U.S. Friendship Baseball (and softball) Games Saturday at noon at the Chibana Recreation Area. Six American and Japanese teams will play during the day.

### VOLLEYBALL COACHES MEETING

Saturday

Falcon Fitness Center at 2 p.m.

### LACROSSE FRIENDSHIP TOURNAMENT

Saturday -- KDHS Football Field

Sunday -- Camp Foster Football Field

The Okinawa Lacrosse Club will be playing a friendship tournament against Team Zipang from mainland Japan from noon to 4 p.m. Saturday and times to be determined Sunday. A scrimmage will be held at the Kadena High School Football Field Saturday and the round robin tournament will be played at the Camp Foster Football Field Sunday. Call 634-8494 for more details.

### DRAGON BOAT RACERS NEEDED

May 5

Kadena volunteers are needed to form a men's and women's team for the Naha Dragon Boat Races May 5. Team members must be Air Force active duty, Guard, Reserve members, Department of Defense civilian employees or Status of Forces Agreement family members over the age of 18. For sign-up information or any questions, e-mail tanya@oasis.mediatti.net or call Tanya Freeman at 633-5042.

## Intramural Basketball Final Regular Season Standings

### Division 1

TEAM	W	L
18 SVS.....	10	1
18 CMS.....	10	1
18 AMXS.....	9	2
18 LRS (A).....	6	5
18 CES (A).....	6	5
18 CS.....	6	5
733 AMS.....	6	5
18 SFS.....	6	5
18 EMS (B).....	3	8
VP-8.....	2	9
18 CES (C).....	1	10
18 EMS (A).....	1	10

### Division 2

TEAM	W	L
353 OSS.....	10	1
18 AMDS/DS.....	10	1
18 MOS.....	9	2
961 AACS.....	8	3
18 CES (B).....	6	5
18 OSS.....	6	5
18 LRS (B).....	4	7
82 RS.....	4	7
390 IS.....	4	7
554 RHS.....	3	8
18 CONS.....	1	10
18 CES (D).....	1	10

Standings are current as of March 10